

The Permanente Journal Cosponsorship of the Evidence-Based Medicine Symposium, December 3 & 4, 2004

The Permanente Journal (TPJ) was privileged to join the Kaiser Permanente (KP) Care Management Institute as cosponsor of the Evidence-Based Medicine (EBM) Symposium held in Costa Mesa, California in early December 2004.

The Editorial Team and Advisory Board of *TPJ* recognize the importance of evidence in practice and believe that enabling the dissemination of learnings from these high-quality meetings is mandated by the mission of *TPJ*:

The Permanente Journal is written and published by the clinicians of the Permanente Medical Groups and KFHP to promote the delivery of superior health care through the principles and benefits of Permanente Medicine.

TPJ can play a major role in taking the knowledge and key learnings of this symposium and translating them into written documents. This will extend the audience well beyond those participants in Costa Mesa in December. In fact, physicians have confirmed that written articles can provide the right information, the right tools, or the right contacts to incorporate a described practice into their own practice. *TPJ* is definitely one important vehicle of transfer of innovation and best practices.

The "Learning Objectives" as presented at the EBM Symposium provides the readers of this *issue* with a sound framework as they read the contributions from the presenters. Specifically, they will be able to:

- Describe at least three key concepts of EBM
- Appraise the validity of evidence in clinical studies
- State criteria for determining which guidelines/clinical improvement tools are EBM
- Apply EBM to the care of patients in the exam room
- Conduct a literature search using evidence-based sources and other resources accessed through KP's National Clinical Library.

All of us at *TPJ* know you will find that this symposium will add real value to your practice. We would like to hear how these learnings have affected your everyday practice. ❖



Tom Janisse, MD
Editor-In-Chief

Poor Memory

It's a poor sort of memory that only works backward.

— Lewis Carroll, 1832-98, mathematician and writer