

Table 4. Race/ethnicity differences in sociodemographic and health-related characteristics of English-proficient adult Health Plan members aged 25-79^a

Sociodemographic and health characteristics	Race/ethnicity ^b				
	WhiteNH	Black	Latino	Filipino	Chinese
At least some college education (including college graduate)					
All age 25-79	83.0 (0.4)	77.4 (1.1) ^c	65.9 (1.0) ^c	85.7 (0.9) ^c	90.1 (0.8) ^c
Women age 25-64	86.2 (0.5)	82.2 (1.4) ^d	72.1 (1.4) ^c	89.6 (1.2) ^d	91.5 (1.2) ^d
Men age 25-64	83.1 (0.6)	76.6 (2.2) ^d	67.0 (1.7) ^c	85.7 (1.6) ^c	93.5 (1.2) ^c
Women age 65-79	69.6 (0.8)	65.4 (2.5)	39.7 (2.8) ^c	73.0 (2.9)	70.0 (3.9)
Men age 65-79	77.4 (0.7)	65.2 (3.3) ^c	51.4 (2.7) ^c	76.9 (3.2)	85.5 (2.7) ^d
College graduate					
All age 25-79	48.7 (0.5)	31.6 (1.3) ^c	26.5 (0.9) ^c	55.4 (1.3) ^c	68.9 (1.3) ^c
Women age 25-64	51.1 (0.7)	33.1 (1.8) ^c	28.6 (1.3) ^c	63.2 (1.8) ^c	70.7 (1.9) ^c
Men age 25-64	50.0 (0.8)	33.0 (2.5) ^c	28.2 (1.6) ^c	50.0 (2.4)	73.7 (2.2) ^c
Women age 65-79	33.1 (0.9)	23.1 (2.4) ^c	11.4 (1.8) ^c	52.5 (3.3) ^c	40.2 (4.4)
Men age 65-79	44.8 (0.9)	24.5 (3.0) ^c	20.9 (2.3) ^c	55.0 (3.8) ^d	63.9 (3.8) ^c
Household income ≤ \$35,000 (considered low income for an individual in the San Francisco Bay Area)					
All age 25-79	13.5 (0.3)	25.5 (1.2) ^c	20.8 (0.8) ^c	20.9 (1.0) ^c	11.2 (0.8) ^e
Women age 25-64	11.8 (0.4)	24.9 (1.7) ^c	19.0 (1.2) ^c	16.1 (1.7) ^d	8.7 (1.1) ^e
Men age 25-64	9.5 (0.5)	20.0 (2.2) ^c	13.8 (1.2) ^d	16.0 (1.7) ^c	7.0 (1.3)
Women age 65-79	36.1 (0.9)	55.6 (3.0) ^c	56.0 (3.0) ^c	55.2 (3.4) ^c	35.0 (4.6)
Men age 65-79	20.6 (0.7)	25.8 (3.2) ^c	31.8 (2.5) ^c	38.8 (3.7) ^c	23.1 (3.3)
Overall health is very good or excellent					
All age 25-79	60.0 (0.4)	41.8 (1.4) ^c	48.0 (1.0) ^c	49.8 (1.3) ^c	56.1 (1.5) ^c
Women age 25-64	64.5 (0.6)	46.2 (1.9) ^c	51.0 (1.5) ^c	53.4 (1.9) ^c	58.8 (2.1) ^c
Men age 25-64	60.4 (0.8)	43.6 (2.6) ^c	50.2 (1.8) ^c	52.8 (2.7) ^d	58.5 (2.5)
Women age 65-79	46.5 (0.9)	24.0 (2.4) ^c	32.1 (2.7) ^c	30.8 (3.1) ^c	40.4 (4.4)
Men age 65-79	47.5 (0.9)	24.5 (3.0) ^c	35.1 (2.7) ^c	31.7 (3.5) ^c	43.1 (4.1)
Overall emotional/mental health is very good or excellent					
All age 25-79	62.7 (0.4)	56.4 (1.4) ^c	57.8 (1.0) ^c	63.0 (1.3)	60.1 (1.5)
Women age 25-64	61.7 (0.7)	50.0 (1.9) ^c	53.7 (1.5) ^d	63.8 (1.8)	60.5 (2.1)
Men age 25-64	63.0 (0.8)	63.3 (2.5)	62.7 (1.7)	68.1 (2.2) ^e	62.4 (2.5)
Women age 65-79	63.6 (0.9)	55.1 (2.8) ^d	53.8 (3.0) ^d	59.2 (3.3)	50.3 (4.6) ^c
Men age 65-79	66.9 (0.9)	58.6 (3.6) ^e	60.4 (2.8) ^e	46.4 (3.9) ^c	56.3 (4.1) ^e
Physical or emotional health problems interfere with daily activities moderately or quite a bit					
All age 25-79	22.4 (0.4)	26.7 (1.2) ^c	27.4 (0.9) ^c	23.3 (1.1)	18.7 (1.2) ^c
Women age 25-64	20.7 (0.6)	28.7 (1.7) ^c	27.3 (1.4) ^c	19.2 (1.5)	16.1 (1.6) ^d
Men age 25-64	22.0 (0.7)	26.7 (2.3)	26.6 (1.6)	25.3 (2.1)	20.6 (2.1)
Women age 65-79	28.8 (0.8)	35.2 (2.5) ^c	30.4 (2.6)	29.5 (2.9)	19.9 (3.7) ^e
Men age 65-79	28.4 (0.8)	32.1 (3.3)	28.7 (2.4)	31.0 (3.5)	23.3 (3.4)
Current smoker					
All age 25-79	9.4 (0.3)	15.4 (1.0) ^c	8.1 (0.5) ^e	9.4 (0.8)	4.5 (0.6) ^c
Women age 25-64	9.0 (0.4)	14.7 (1.3) ^c	6.5 (0.7) ^d	6.1 (0.9) ^d	3.2 (0.8) ^c
Men age 25-64	11.3 (0.5)	18.8 (2.1) ^c	10.5 (1.1)	14.9 (1.7) ^e	6.9 (1.2) ^d
Women age 65-79	5.2 (0.4)	6.7 (1.4)	4.7 (1.2)	1.7 (1.1) ^c	0.3 (0.3) ^c
Men age 65-79	6.3 (0.4)	10.4 (2.1)	7.4 (1.6)	8.0 (2.0)	3.3 (1.6)
Ever smoker					
All age 25-79	34.9 (0.4)	34.6 (1.3)	26.6 (0.9) ^c	20.7 (1.1) ^c	11.7 (0.9) ^c
Women age 25-64	30.9 (0.6)	31.7 (1.7)	21.2 (1.2) ^c	13.0 (1.3) ^c	8.6 (1.2) ^c
Men age 25-64	33.0 (0.7)	32.0 (2.4)	28.5 (1.6) ^e	28.2 (2.1)	12.8 (1.6) ^c
Women age 65-79	46.4 (0.9)	45.0 (2.7)	30.5 (2.7) ^c	10.2 (2.1) ^c	11.8 (2.9) ^c
Men age 65-79	57.3 (0.9)	54.4 (3.5)	45.5 (2.8) ^c	35.1 (3.6) ^c	24.6 (3.6) ^c

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Table 4. Race/ethnicity differences in sociodemographic and health-related characteristics of English-proficient adult Health Plan members aged 25-79^a					
Sociodemographic and health characteristics	Race/ethnicity^b				
	WhiteNH	Black	Latino	Filipino	Chinese
BMI ≥ 30					
All age 25-79	27.1 (0.4)	43.1 (1.4) ^c	36.8 (1.0) ^c	15.2 (1.0) ^c	6.7 (0.7) ^c
Women age 25-64	26.7 (0.6)	48.2 (1.8) ^c	36.9 (1.4) ^c	14.1 (1.3) ^c	8.6 (1.2) ^c
Men age 25-64	28.1 (0.7)	39.5 (2.6) ^c	39.1 (1.8) ^c	17.8 (1.9) ^c	6.4 (1.2) ^c
Women age 65-79	26.7 (0.8)	44.0 (2.7) ^c	29.3 (2.6)	11.2 (2.0) ^c	6.6 (2.4) ^c
Men age 65-79	24.5 (0.8)	30.6 (3.3)	32.2 (2.6) ^d	12.2 (2.5) ^c	2.2 (1.0) ^c
BMI ≥ 35					
All age 25-79	10.6 (0.3)	20.0 (1.1) ^c	16.1 (0.8) ^c	4.6 (0.6) ^c	1.8 (0.4) ^c
Women age 25-64	12.4 (0.4)	24.1 (1.6) ^c	19.1 (1.2) ^c	4.5 (0.7) ^c	2.1 (0.6) ^c
Men age 25-64	9.3 (0.5)	17.2 (2.1) ^c	15.2 (1.3) ^c	5.4 (1.2) ^d	1.4 (0.6) ^c
Women age 65-79	10.0 (0.5)	17.5 (2.2) ^c	12.2 (1.9)	4.0 (1.3) ^c	3.6 (2.1) ^c
Men age 65-79	7.4 (0.5)	12.0 (2.5)	6.3 (1.3)	1.3 (0.9) ^c	< 0.1 (–) ^c
Exercise less than once per week					
All age 25-79	13.3 (0.3)	18.9 (1.1) ^c	18.0 (0.8) ^c	20.2 (1.1) ^c	18.0 (1.1) ^c
Women age 25-64	13.7 (0.5)	20.1 (1.5) ^c	19.7 (1.2) ^c	22.9 (1.6) ^c	21.4 (1.8) ^c
Men age 25-64	12.7 (0.6)	18.6 (2.1) ^c	15.8 (1.3) ^c	19.6 (1.9) ^c	17.4 (2.0) ^c
Women age 65-79	15.2 (0.6)	16.6 (2.1)	22.4 (2.5) ^d	15.1 (2.5)	12.6 (2.9)
Men age 65-79	11.7 (2.5)	15.9 (2.5)	13.9 (2.0)	12.7 (2.3)	6.9 (2.0) ^d
Exercise ≥ 5 times a week					
All age 25-79	31.0 (0.4)	23.1 (1.2) ^c	22.3 (0.9) ^c	20.2 (1.0) ^c	24.6 (1.2) ^c
Women age 25-64	27.3 (0.6)	19.1 (1.5)	17.0 (1.1) ^c	15.4 (1.4) ^c	20.2 (1.7) ^c
Men age 25-64	32.7 (0.8)	27.4 (2.4) ^e	25.8 (1.6) ^c	20.3 (1.9) ^c	23.2 (2.2) ^c
Women age 65-79	32.8 (0.9)	18.9 (2.2) ^c	21.8 (2.4) ^c	26.5 (2.9) ^e	34.7 (4.3)
Men age 65-79	42.4 (0.9)	28.1 (3.1) ^c	36.5 (2.7) ^c	42.8 (3.8)	48.3 (4.2)
Usually eats ≥ 3 servings of fruits/vegetables per day					
All age 25-79	54.3 (0.4)	33.1 (1.3) ^c	34.8 (1.0) ^c	22.5 (1.1) ^c	44.2 (1.5) ^c
Women age 25-64	64.0 (0.7)	40.5 (1.8) ^c	44.4 (1.5) ^c	25.6 (1.7) ^c	51.0 (2.2) ^c
Men age 25-64	44.0 (0.8)	25.8 (2.4) ^c	25.6 (1.6) ^c	17.9 (1.9) ^c	37.5 (2.5) ^c
Women age 65-79	63.5 (0.9)	41.1 (2.8) ^c	34.9 (2.8) ^c	26.8 (3.1) ^c	46.3 (4.5) ^c
Men age 65-79	39.8 (0.9)	19.5 (2.8) ^c	25.7 (2.5) ^c	24.3 (3.5) ^c	36.8 (4.1)
Usually tries to eat reduced-fat (low-fat or nonfat) foods					
All age 25-79	48.8 (0.5)	40.9 (1.3) ^c	45.9 (1.0) ^d	41.4 (1.3) ^c	44.5 (1.4) ^d
Women age 25-64	53.0 (0.7)	40.5 (1.8) ^c	50.2 (1.5)	40.8 (1.9) ^c	49.3 (2.2)
Men age 25-64	41.6 (0.8)	37.0 (2.5)	38.3 (1.7)	36.8 (2.3) ^e	35.7 (2.4)
Women age 65-79	60.0 (0.9)	56.2 (2.8)	53.4 (2.8) ^d	59.6 (3.3)	54.9 (4.5)
Men age 65-79	51.2 (0.9)	48.6 (3.5)	53.2 (2.8)	50.8 (3.8)	51.8 (4.2)
Usually gets < 6 hours sleep					
All age 25-79	5.2 (0.2)	14.7 (0.9) ^c	8.2 (0.6) ^c	15.0 (0.9) ^c	7.2 (0.7) ^d
Women age 25-64	5.1 (0.3)	14.6 (1.3) ^c	8.9 (0.9) ^c	16.5 (1.4) ^c	6.6 (1.0)
Men age 25-64	5.6 (0.4)	15.6 (1.8) ^c	7.3 (0.9)	13.1 (1.6) ^c	5.9 (1.1)
Women age 65-79	5.1 (0.4)	12.7 (2.0) ^c	11.2 (1.9) ^c	19.1 (2.7) ^c	16.0 (3.2) ^c
Men age 65-79	3.6 (0.3)	12.4 (2.5) ^c	6.1 (1.2)	12.0 (2.5) ^c	7.2 (2.2)
Feels very tense, anxious, or very stressed much of the time					
All age 25-79	18.6 (0.4)	19.0 (1.1)	18.1 (0.8)	13.8 (1.0) ^c	11.3 (0.9) ^c
Women age 25-64	25.0 (0.6)	27.0 (1.7)	25.8 (1.3)	17.6 (1.4) ^c	17.0 (1.8) ^c
Men age 25-64	16.5 (0.6)	15.4 (1.9)	14.3 (1.2)	12.7 (1.7)	7.9 (1.4) ^c
Women age 65-79	6.7 (0.4)	6.1 (1.3)	6.2 (1.5)	5.6 (1.5)	4.1 (1.8)
Men age 65-79	4.4 (0.4)	3.2 (1.3)	5.0 (1.3)	4.4 (1.7)	2.9 (1.5)

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Table 4. Race/ethnicity differences in sociodemographic and health-related characteristics of English-proficient adult Health Plan members aged 25-79^a					
Sociodemographic and health characteristics	Race/ethnicity^b				
	WhiteNH	Black	Latino	Filipino	Chinese
Felt harassed or discriminated against at least once in the past 12 months					
All age 25-79	4.5 (0.2)	10.0 (0.8) ^c	7.6 (0.6) ^c	5.0 (0.6)	5.4 (0.7)
Women age 25-64	5.3 (0.5)	12.7 (1.2) ^c	8.5 (0.8) ^c	4.6 (1.0)	6.0 (1.0)
Men age 25-64	4.4 (0.3)	8.2 (1.3) ^d	8.7 (1.0) ^c	6.6 (1.2)	5.3 (1.1)
Women age 65-79	2.3 (0.3)	6.3 (1.4) ^d	2.3 (0.8)	1.9 (0.9)	3.4 (1.6)
Men age 65-79	2.1 (0.2)	6.4 (1.9) ^e	2.4 (0.8)	2.5 (1.2)	4.6 (1.7)
Worried a great deal about own or family's financial security in the past 12 months					
All age 25-79	27.0 (0.4)	37.0 (1.3) ^c	34.0 (1.0) ^c	34.1 (1.3) ^c	19.8 (1.2) ^c
Women age 25-64	32.7 (0.6)	45.4 (1.8) ^c	39.5 (1.5) ^c	39.7 (1.9) ^c	22.2 (1.8) ^c
Men age 25-64	26.3 (0.7)	35.5 (2.5) ^c	34.9 (1.7) ^c	33.1 (2.5) ^d	21.2 (2.1)
Women age 65-79	15.4 (0.6)	19.2 (2.1)	19.3 (2.2)	22.4 (2.8) ^c	8.6 (2.3) ^d
Men age 65-79	10.1 (0.6)	13.0 (2.3)	12.0 (1.7)	17.5 (2.8) ^e	9.7 (2.5)
Had teeth examined and cleaned by a dental professional in the past 12 months					
All age 25-79	80.3 (0.4)	69.4 (1.3) ^c	74.8 (0.9) ^c	78.2 (1.1)	84.2 (1.1) ^d
Women age 25-64	82.6 (0.5)	73.9 (1.7) ^c	78.1 (1.2) ^c	83.2 (1.4)	87.7 (1.4) ^c
Men age 25-64	78.4 (0.7)	67.5 (2.5) ^c	72.9 (1.6) ^d	76.6 (2.0)	82.3 (2.1)
Women age 65-79	79.5 (0.7)	63.1 (2.8) ^c	69.5 (2.7) ^c	66.7 (3.2) ^c	82.7 (3.6)
Men age 65-79	77.6 (0.7)	60.0 (3.6) ^c	70.8 (2.6) ^e	68.7 (3.7) ^e	74.8 (3.6)
Had a flu shot for the past flu season					
All age 25-79	49.5 (0.4)	41.8 (1.3) ^c	47.9 (1.0)	58.6 (1.3) ^c	52.9 (1.4) ^e
Women age 25-64	46.8 (0.7)	36.8 (1.8) ^c	45.3 (1.5)	56.1 (1.9) ^c	46.5 (2.2)
Men age 25-64	41.9 (0.8)	37.5 (2.5)	39.5 (1.8)	52.4 (2.4) ^c	48.3 (2.5) ^c
Women age 65-79	78.0 (0.8)	67.5 (2.6) ^c	79.6 (2.3)	84.2 (2.3) ^e	87.0 (3.1) ^d
Men age 65-79	77.1 (0.8)	68.2 (3.2) ^d	76.3 (2.5)	76.6 (3.3)	79.9 (3.4)

^a Percentages for race/ethnic groups derived from pooled Member Health Survey 2008 and Member Health Survey 2011 data, weighted to the 2011 age x sex x service area composition in 2011 and then standardized to the age-sex (for age 25-79) or age distribution of Kaiser Permanente Northern California members for that subgroup in 2011. All estimates are based on self-reported data and should not be used as "official" statistics about Kaiser Permanente Northern California membership.

^b Data are weighted % (standard error around estimate).

^c Significantly (p < 0.001) differs (higher or lower) from whiteNH in same age group.

^d Significantly (p < 0.01) differs (higher or lower) from whiteNH in same age group.

^e Significantly (p < 0.05) differs (higher or lower) from whiteNH in same age group.

BMI = body mass index (calculated as weight in kilograms divided by height in meters squared); WhiteNH = non-Hispanic white.